



The Journey

The Newsletter of the
Buckman Bridge Unitarian Universalist Church
 *A Welcoming Congregation*



September 2018

September 2018 Worship Services

Regular Services are held on Sunday mornings at 10:30 a.m.

8447 Manresa Avenue, Jacksonville, FL 32244

Church Phone: (904) 276-3739 • www.BBUUC.org

Check the BBUUC Calendar for information on other programming.



September 2

Chris Repass presents

“Creative Steps to Self-Recovery”

Worship Leader: Grace Repass

Accompanist: Eileen Morrison

Special Music: Goliath Flores

About our Service:

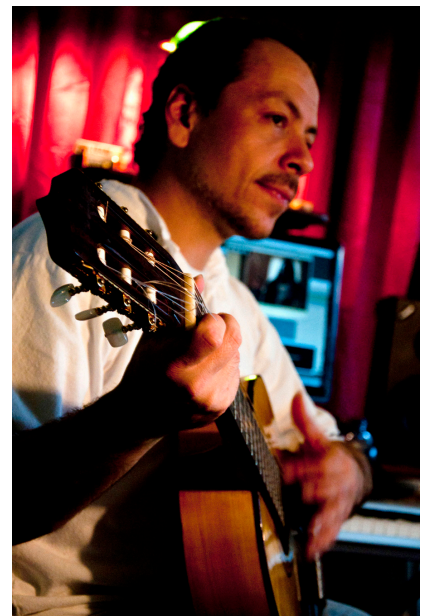
Through his personal journey creating porcelain artwork and undergoing a shattering experience three years ago, Chris explores how the lessons he’s learned during his artistic pursuits can help all of us process and overcome challenging experiences in life.

About our Speaker:

Chris Repass is an artist living in Asheville and Raleigh, North Carolina. He has been a humor columnist, marketing writer, photographer, and ceramic artist while paying most of his bills as a technical manager with IBM. Currently, he channels his love for technology, cats, and daffodils into pop art porcelain plates and tiles. He gave a reading at BBUUC in June about art in religion and investing your soul in your creative work, and now he’s back to talk about what happens when part of that soul is crushed.

About our Guest Musician:

Goliath Flores is a diverse vocalist, singer/songwriter, and a Classical and Flamenco guitarist. He’s a cross-genre recording artist and performer whose releases run the gamut regarding musical styles. Currently, he’s gradually populating the internet with a “slow release album” (meaning that songs are released one at a time) titled Binary Love (Songs About Technology



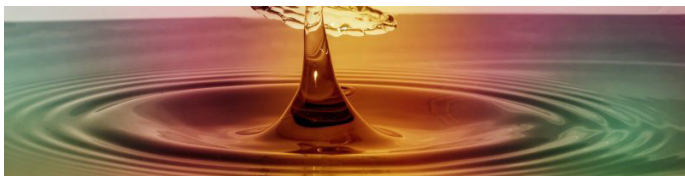
and Pretension). Goliath Flores' works also include the music to the film *California Winter* (2013), a feature film about the 2008 housing crisis, a self-titled album *Goliath Flores*, and he has produced music for other artists in far-reaching genres.

Pennies from Heaven is September 2



Please save all of your coins for the first Sunday of each month and remember, bills are welcome too! Pennies from Heaven donations are given to

Meals on Wheels programs in Mandarin and Clay County and are alternated each quarter.



September 9

Family Worship: Annual In-gathering and Water Sharing Ceremony

Worship Leader: Jennifer Stokes
Accompanist: Gary Smart
Special Music: Eunice Paliy, Piano

About our Service:

As is traditional in many UU churches across the country, BBUUC will hold our annual water sharing service (sometimes called "Water Communion") on Sunday, September 9th. All are invited to bring a small container of water from (or representing) your travels, special places, moments or events from the summer or the year, and place the waters into the communal bowl, sharing brief words about its significance. The rejoining of many waters symbolizes the rejoining of the congregation after summer.

Please note that the service will also feature the Dedication of a new recognition wall **"In Honor of Our Benefactors,"** and will include **special refreshments** during the fellowship hour.

About our Guest Musician:

Eunice Paliy started playing the piano at the age of five. From her early childhood, she showed great interest in music. There are thousands of hours of piano, theory, choir, and solfeggio training behind her. Eunice received her diploma from New Song School of Music with honors in 2013. From 2014 to 2015, she was studying with the well-known classical pianist Mark Westcott (3rd place winner of Van Cliburn International Piano Competition). In 2016, she was awarded the Jacqueline Rayot Olsson Scholarship for Portland State University. She then began studying piano with Dr. Susan Chan. Currently, Eunice is working toward her Bachelor's Degree in Piano Performance at UNF with Professor Dr. Smart. She currently teaches privately in her home music studio in Jacksonville and during her free time, she likes to go to the beach to see the sunrise. She also loves to participate as a musician in her church.



September 16 Dr. Timothy Whelan presents "The Divine and the Human in Emerson's Concept of 'Self-Reliance'"



Worship Leader: Jay Gardner
Accompanist: Gary Smart
Special Music: Mike Bernos

About our Service:

Ralph Waldo Emerson's concept of "self-reliance" stands in sharp contrast to orthodox religion's views of the "self." For Emerson, the "self" is not marked by hopeless "depravity" but rather by innate "divinity," a divinity that allows each person (Christ our Example) the ability to become "one with God" without

the need of an intermediary (Christ our Sacrifice). Thus, to Emerson, human nature, made in the image of God, is sufficient, not deficient. These doctrines would become central to the 1st Principle of the modern day Unitarian Universalist Church.

About our Speaker:

Dr. Whelan completed a Ph.D. in English, with an emphasis on American Studies, in 1989, and has been teaching American and World Literature at Georgia Southern ever since. His dissertation was on the Puritan poet, Anne Bradstreet (1612-72), and for the past ten years, he has returned to his work at that time in Women's Studies and the intersection of Religion and Literature in the lives of British and American Nonconformist women writers between 1650 and 1850. He first presented a paper in England in the summer of 1997 and since then has made some 50 research trips to the UK. His work deals almost exclusively with manuscript sources, uncovering manuscripts never previously seen or known, as well as rare printed sources previously unknown or misidentified. Thus, he is primarily a literary and religious historian working mainly within the context of British Nonconformity and the Romantic Era; along the way he has identified more than 25 women writers not previously known and produced new work on such literary figures as William Wordsworth, Samuel Taylor Coleridge, and two Unitarians, Henry Crabb Robinson and Mary Hays. The outgrowth of his research has led to 14 books and more than 50 articles since 1997. Dr. Whelan's work has been greatly enhanced by his affiliations as a Senior Visiting Research Fellow with the Centre for Baptist History and Heritage, Regent's Park College, Oxford University, the School of English and Drama, Queen Mary University of London, and Dr. Williams's Centre for Dissenting Studies, London.

About our Musician:

Mike Bernos is a singer/songwriter whose songs appear on Spotify and Pandora. He is currently the guitarist and vocal contributor for the Americana band, Ample Angst. He has produced several EPs including his most recent, *Thunder and Rain*.



September 23

**Cindi Jorgensen presents
"Service of Memory"**

Worship Leader: Lee Plumb

Accompanist: Gary Smart



About our Service:

Our national obsession with genealogy and the science of genetics has given us a window into our family trees. These connections fulfill a historical and spiritual need. You might wonder where you got your tenacity, your musical talent, or your athleticism. Haven't we all at some time yearned to have a few precious moments with an ancestor to search for stories or facts to help define us? For this presentation, you will be asked to transport yourself into the possibility of having lunch with an ancestor and asking them a question. Who will it be?

About our Speaker:

Cynthia (Cindi) Jorgensen grew up in the Baltimore area and lived in Vero Beach for the last 40 years. She became a UU seven years ago at the Fellowship in Vero Beach, and was an active member, working in the Fair Trade Corner and acting as chairperson for the Ministries Council.

She and Pete, her husband of 43 years, recently moved to Avondale, where they are busily turning a 1926 bungalow into their forever home. She is a BBUUC member, chairs the Membership Committee, and is an enthusiastic volunteer in many areas of church life.

Cindy's career as a nurse focused on Critical Care and on Pediatrics. For the last 20 years, she and her BFF developed and taught the very successful medical careers program in Vero Beach. She was also a National Board Certified teacher in career-tech and active in many schools and community committees.

She also has a degree in history and in an unapologetic history nerd. Cindy loves to travel, and has been to most countries in Europe, quite a few in Southeast Asia, and to Tanzania where she spent 2 summers volunteering in schools and hospitals.

She is passionate about the environment, universal healthcare, DACA, equal rights, the Beatles, and Led Zeppelin. She is convinced that being part of a liberal community is essential to leaving a positive footprint on the earth.

Be a part of the September 23rd presentation!

Speaker Cindi Jorgensen is looking for some input for this service. Ponder this question: If you could have a conversation with any ancestor, who would it be? What would you ask them? Do you have a picture? If so, please send responses and pictures to crmmj1@gmail.com.

September 30
Wendy Kissinger
presents
"Emotional
Alchemy:
recognizing
our schemas
and avoiding
maladaptive
states"



Worship Leader: Viqui Hilliard
Accompanist: Eileen Morrison
Special Music by our speaker, Wendy Kissinger

About our Service:

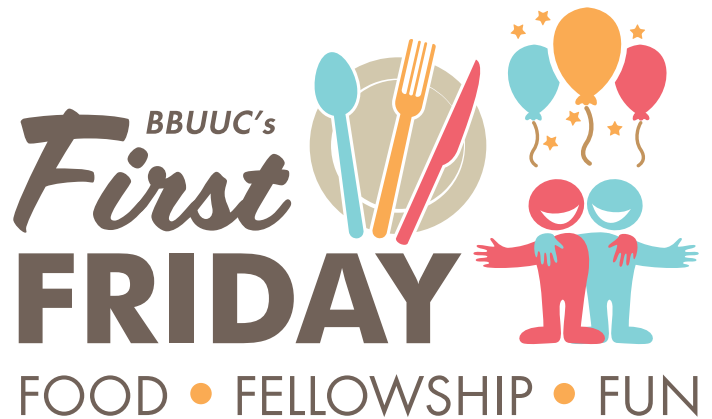
We can transform our minds to overcome disturbing emotions and achieve a sense of inner peace (even in a world seemingly gone mad). Practical suggestions for recognizing our schemas and avoiding or overcoming maladaptive states.

About our Speaker:

Wendy is a 1985 graduate of the University of Florida and has worked for more than thirty years for UF and the UF Health system. For the past nineteen years, she has served as a part-time leadership coach and team consultant with UF Health, helping teams and individuals achieve their highest outcomes by enhancing their emotional intelligence, leveraging relationships and using effective communication techniques.

Wendy spends the other half of her time in St. Augustine, where she is a self-proclaimed hippie, bohemian, beach bum musician, playing guitar, harmonica and singing in various venues when she's not out paddling her kayak with her dog Barley.

ACTIVITIES & EVENTS



Please join us on Friday, September 7th at 6:30 pm at BBUUC for a Green First Friday potluck.

Donation \$10. Please sign up and pay on or before September 2.

A few changes to our usual event: In order to be "Green", let's avoid the use of disposable plates napkins, and glassware. Please bring your own place setting and plan on taking it home with you to wash. Also, please bring your own adult beverage.

Can you help before or after? See Cindi, Molly, or John or contact membership@bbuuc.org.

Monthly Drumming Circle



Join us on the 3rd Friday of the month 7:00-9:00 pm for Drumming Circle. The next one will be held Friday, August 17th at 7 pm.

You don't have to be an experienced drummer to participate. Beginners are welcome. Bring your drum and your energy. Don't have a drum? We will have a small number of drums for folks to borrow. Don't feel you can drum? Listeners and dancers are encouraged to come and feel the rhythm. Connect with your spirit and your community on a deeper level. Learn about the 10 health benefits of drumming: <https://www.drnorthrup.com/health-benefits-drumming/>

One Year to Live Class

The ONE YEAR TO LIVE CLASS will be a discussion in 12 sessions, one each month, of life's goals and purposes, establishing life's priorities, and how an individual needs to view the last 12 months, possibly, remaining in life.

The class is limited to twenty persons (ages 18 or over), to be held on the second Sunday of each month, from 12:00 - 2:00. Classes will begin on September 9, 2018 at BBUUC and continue for 11 months.

A resource for the class is "A Year to Live" by Stephen Levine. The book is sold at Amazon.com. Other resources will be recommended over the course of the year.

Some questions to be answered in 12 months:

1. What are the hard questions for any person or for a UU?
2. What has been my concept of my choices of life and my Life Faith?
3. Do I need or have a will? What Florida laws relate to final preparations?
4. How do I approach my life and faith in the final 12 months?

Leader: Don Repass, donrepass@gmail.com



Gary Smart in Concert!

Gary Smart will perform Improvisations and Original Compositions on Monday, September 24 at 7:30 in the Concert Hall, Room 1200 at the University of North Florida. Attendance is free, and so is parking! Save the Date!

Come to Sing, Play or just to Listen!



BBUUC Song Circle



**All are welcome! All levels or no level!
Poetry too!**

**SEPTEMBER 23
After the service (2:15-2pm)**



Save the Date!

**Chili Cookoff /
Square Dance**

Saturday, October 13th

**Cookoff starts at 5:30 pm
Square dance at 6:30 pm**

Singles, couples, family, friends, all ages welcome.

Bring the family: \$10 adult / \$5 children over 5

Interested in participating?
Contact John Wrightington at
john.wrightington@gmail.com
Tickets will be for sale in late September.

COLUMNS

President's Perspective

Board Planning Session Updates

The Board met on August 4 for a planning session. One of our tasks was to develop the Board Covenant, Mission, Vision, and Policies and Procedures for the year. We would like to share these with you, but want you to know that the “Policies and Procedures for Board Meetings” is a work in progress. If you have any thoughts about these, we would appreciate your input.



Board Covenant:

The purpose of having a board covenant is to provide a predictable environment where board members can experience authentic community while working together to serve BBUUC.

In addition to the Covenant of Right Relations that our entire congregation practices, the Covenant for our Board meetings is to:

Respect each other's time
Be present when gathered together
Practice active listening
Assume positive intent
Support and get to know each other
Stay on topic by forming “Parking Lot”
Present as one voice
Keep disagreements within group
Praise publicly, but criticize privately
Be humble
Avoid triangulation in relationships with others
Mission: The Board will keep the church organized and moving forward.

Vision: The Board will practice transparency with the congregation, will make prudent financial decisions for the long term health of the church, and will respect individual points of view while doing what is best for the Congregation as a whole.

Policies and Procedures for Board Meetings:

- Publish Board Meeting agenda prior to meeting.
- If Treasurer can't attend a Board Meeting, Finance Chair attends.
- Information gathered/learned by each Board will be passed to next Board for smooth transitions.
- Begin meetings with Opening Words, Chalice Lighting, Check-in & Covenant Review.
- End meetings with Closing Words, Extinguishing of Chalice, review of Parking Lot, and evaluation of process of meeting.
- Start meetings on time, end on time, and stay on topic.
- Process Observer encouraged at each meeting.
- Conference call in lieu of Board Member attendance is allowed.
- Vote by e-mail is allowed with results introduced into minutes at next meeting.
- Approve minutes for distribution to Council and Members ASAP.
- Members always welcome at Board Meeting.
- Visiting members sit at table with Board Members.
- Visiting members wanting to speak at board notify Board President prior to meeting and can speak for 2-3 minutes, depending on number wanting to speak.
- Visiting members with more than 2-3 minutes of material to cover are encouraged to send thoughts to board in writing prior to meeting and present main points in person at meeting.

Grace Repass
BBUUC Board President
president@bbuuc.org

Treasurer's Corner

One of the accomplishments of last year's Board is a new policy for "Recognition of Benefactors and Deceased Members." The purposes are: (1) to recognize individuals who die while a Member or Emeritus Member and (2) to recognize benefactors who leave generous bequests from their estates or make other generous donations during their lifetime. Recognized donations are cumulative and include the former building fund, forgiveness of loans, Ministerial Challenge Grant and donations to the Ministerial Support Fund, and exclude pledges and general donations to operations. Benefactors are recognized by level according to their gifts:



Supporting Benefactor	\$5,000 - 24,999
Sustaining Benefactor	\$25,000 – 49,999
Visionary Benefactor	\$50,000 – 99,999
Transforming Benefactor	\$100,000 and up

Each qualifying Benefactor chooses to be recognized either by name or as anonymous.

The September 9 Sunday worship service will include recognizing and honoring our sixteen generous benefactors to date and unveiling the "Honoring Our Benefactors" wall in the sanctuary.

Pam Richards
BBUUC Treasurer
treasurer@bbuuc.org



DRE Column

Story for All Ages:

The Goose Who Tried to Keep the Summer

There was once an old Wild Goose who had led the flock of other wild geese every fall for years and years on their way south. He had a thick coat of white feathers, he wore orange-colored boots, and his bill was like a gold trumpet when he opened it to call,

Honk, honk, honk!

That was the signal for the others to rise from the meadows and the marshes. Over the woods and the fields and the waters, everyone looked for the old Wild Goose in the fall.

Honk, honk, honk!

That was the Wild Goose telling them that it was time to get ready for the winter in the woods, and in the fields, and over the waters. He lived in a marsh that was sheltered on both sides by trees and was comfortable, even if there was a frost now and then. A robin had once stayed in those trees all winter and he sang proudly about it.

"Why do I trouble to go south?" the old Wild Goose thought to himself. "The weather here will not grow cold if I stay. Honk, honk; I shall not trouble myself to migrate this fall and I shall keep the summer!"

No one knew what the Goose had decided, and they listened for him. Honk, honk, cried all the other wild geese. "It is time to migrate! Come with us!"

Honk, honk, honk, cried the old Wild Goose, from

Once you choose

HOPE,
anything's
possible.
- Christopher Reeve

the sheltered marsh where he did not know what was going on. "I am not flying south this year. I am staying north to keep the summer."

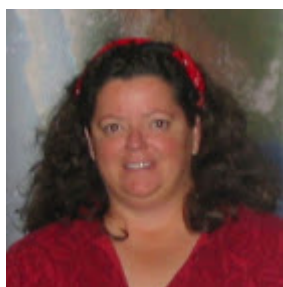
Honk, honk, "What a terrible time it will be!" cried all the other geese. They talked among themselves, saying that no good could come from ignoring the turning seasons and they all went south without him.

Soon winter came. Everyone was ready for him except the Wild Goose. An icy wind blew through his feathers. His throat was so stiff with cold that he could not blow his trumpet. His orange boots froze stiff as the marsh turned to ice. "It must be the winter coming in spite of me," he thought to himself. "It seems that I have not kept him away after all. What shall I do?"

Then a sunbeam, that was still strong enough to help a little, heard the faint cries of the old Wild Goose and was sorry for him. She melted the ice so that the Goose could pull out his feet, first one, and then the other. She stood for a moment in winter's path as the Goose rose and stretched his stiff wings, and then started south.

The chilly air was like a blast on his head. He was obliged to fly slowly, but he managed to call as he went, "Honk, honk, Here I am. I fly to tell you that winter has come. We cannot stop the seasons after all!"

Love & Peace
Chris Jarman
Director of Lifespan
Religious Education
dre@bbuuc.org



Taking it home

Family Activity: Chalice for the Seasons

Do you have a chalice you light at home as a family? One way to welcome the seasons is to create chalices that represent each one. You can use something simple like a Mason Jar and some Mod Podge.

Collect items that represent the different seasons –

autumn leaves, paper snowflakes, spring's blue raindrops and summer's bright flowers. Cover the jar with Mod Podge and then stick the items on each one. Once they are finished, cover with a second layer of Mod Podge and let them dry. Place a tea light inside and watch your seasonal chalice glow!

As you change out from one season to the next, create a special family meal and share your gratitude for your favorite moments of the past season and what you are looking forward to in the season to come. A simple family ritual such as this one helps to ground and center us in the comfort of the changing seasons and will help hold us steady even in times of great change.

Chalice Lighting:

May this flame we light remind us that every one of us can bring the light of love to the world.

May this clear flame be a symbol that every heart can burn bright with joy, peace, and harmony.

May the wisdom of ages speak to us through this flame and stay in us.

Every one of us can be a blessing to the world.

~ Peter Samojsky

Family Grace:

Blest be the hand that plant the seeds,
Blest be the Earth giving all that we need.
Blest be the food we share among friends,
Blest be the love that never ends.

-Joyce Poley

WE ARE:

ALL CONNECTED

STRONGER TOGETHER

LOVE'S HANDS IN THE WORLD

CALLED TO CREATE JUSTICE

RESPONSIBLE FOR ONE
ANOTHER AND THE EARTH

 UUA.ORG/IMAGES

Guided Meditation: The Balloon

This guided meditation brings a visual component to a very simple deep breathing exercise. You can do this standing or seated.

Relax your body and begin to take deep inhales and slow exhales through the nose.

Start to take a slow, deep breath to fill your belly up with air, as if you're trying to blow up a big balloon. Expand your belly as much as you can.

Slowly let the air out of the balloon (through the nose) as you release the breath from the belly.

Encourage your kids to feel their entire body relax each time they exhale, each time air is slowly being released from the balloon. You can even make a "hissing" noise to encourage them to slow down the exhale even more, "Like letting air out of the balloon."

Continue for several minutes.

If the child you're teaching is younger, you can add a little more detail and fun to the exercise to keep them engaged. Young kids, especially under the age of 6, love the extra movement when they're learning to bring awareness to their breath. Encourage them to stand up in a relaxed way and follow these steps: Ask them to think of their favorite color and picture a giant balloon of that color in their mind.

Then have them take a slow, deep inhale through the nose, filling up their tummies with air as if trying to blow up a giant [their favorite color] balloon. As an option, you can also have them stretch their arms open and overhead to represent expansion and the big balloon.

When their balloon is totally full, have them hold their breath at the top, and then you can "pop the balloon" for them (gesture finger to belly) and they can fall down as they exhale.

This one will likely elicit giggles and awareness of their breath.

Resource:

The Chopra Center: <https://chopra.com/articles/3-kid-friendly-meditations-your-children-will-love>

VOLUNTEER



Are you interested in volunteering in Religious Education?

Volunteering is a great way to learn more about Unitarian Universalism, connect across the generations, and help create a safe learning community for our children and youth. All volunteers working with children and youth must have been part of BBUUC for at least 6 months, be able to pass a background check, and be approved and trained by the DRE. Many volunteers are needed to make our programs happen!

Volunteers serve under the ongoing supervision and support of the DRE. For more information or to volunteer, contact: Chris Jarman, Director of Religious Education, dre@bbuuc.org or (904)-568-1522.



Green Team Update

Your Green Team has been busy. An introductory phone meeting with our temporary UUA Green Sanctuary Mentor was held on August 1st. We are on track and in the process of assessing where we currently are in terms of green living and honoring our 7th principle.

A free JEA audit was scheduled for August 22nd. We will be sharing the results of that audit in the next Journey and on the new Social Action Bulletin Board.

In addition, congregational assessments are just beginning. We are currently looking back through church records to gather the information needed to apply for the Green Sanctuary Program.

We are very interested in your thoughts and energy. We meet every 2nd Sunday from 9-10 am. Come and join us. We'd love your ideas and participation!

ICARE Report - September 2018



The BBUUC ICARE Team Leaders are offering six opportunities to attend a House Meeting this fall. You are encouraged to sign up.

The purpose of these small group gatherings is to build relationships and help everyone in our congregation become aware of BBUUC's Justice Ministry. Each meeting will be experiential where we listen to one another's thoughts about justice, present the work we are doing with partner congregations in the ICARE organization, and let you know about the opportunities available to our members for participation. This will give you a better understanding of the social justice work that we can do with ICARE, and also the information that you can use to determine what level of participation you wish to engage in.

Visit the website <https://www.bbuuc.org/icare-house-meetings> to learn about 6 upcoming house meetings you can attend. SIGN UP by sending the information below to ICARE@bbuuc.org. Indicate your name and the names of any other family members or guests coming along and your first and second choices for time and place.

* ICARE is Jacksonville's Interfaith Coalition for Action, Reconciliation and Empowerment, a coalition of 38 justice-minded religious congregations.

Our Mission:
Buckman Bridge
Unitarian Universalist
Church
exists to create and
nourish a loving
community that seeks
justice and respect for all.

MEMBER NEWS



We welcome new Member, Helen Meatte!

New member Helen Meatte moved to Jacksonville from St. Louis, Missouri in 1987 with her husband Mark and their two children.

Helen and Mark had been members of the First Unitarian Church in St. Louis since 1980. They had immediately embraced the philosophy of a religion that explored all faiths and philosophies. The seven principles of the faith resonated with them and provided an excellent religious education program for their two children, David and Leah. So it was not surprising that upon moving to Jacksonville, they joined the UU Church in Arlington where they remained members until 2001.

When her husband of 43 years passed away two years ago, Helen felt that it was time to find a church home once again. She attended services at BBUUC and soon was made to feel welcome. She joined in March and plans to join the membership committee this fall.

Her two children are a source of great pride. They both graduated with professional degrees, married wonderful people with loving extended families and produced four amazing grandchildren who are the light of her life. Helen deeply believes that family and friends are the true mark of riches and she is grateful for all that she has.

Art has been Helen's passion since childhood.

She graduated with a BFA in art history and a BA in art education in 1972 and earned her MAT in aesthetic education in 1978. Helen taught art for over 40 years. Her final teaching position was at the Bolles School (which she calls “art teacher heaven”) where she taught art history as well as studio art. As part of that dream job, the school supported travel to Europe during the summers to further her understanding of the subject that she taught to her students. She retired from teaching in 2016 to take care of her ailing husband.

Currently Helen volunteers at the Cummer Museum of Art and Gardens leading student and adult tours. In addition, she works with a group called “Art with a Heart” at Wolfson Children’s Hospital and the St. Vincent’s/Mayo oncology wing. She also volunteers at Fishweir Elementary School and St. Marks where she assists the art teachers there on special projects. Her five-year-old grandson will attend Stockton Elementary this fall and Helen plans to volunteer there as she did when her own children attended that school.

As part of the Art with a Heart program at St. Vincent’s, Helen is creating small gouache paintings of flowers that include the meaning of each flower as an introductory present to the patients undergoing chemotherapy. Her recollection of the many long-term hospital stays during her husband’s illness inspired her to provide a distraction to patients and their families during a very stressful period in their lives. She strongly believes that music and art have the potential to heal the spirit, if not the body.

Welcome to BBUUC, Helen!

Introduce Yourself!

If you are a recent member and we have not run an introduction article about you for the Journey yet, please feel free to contact publishing@bbuuc.org. We’re interested in how you found BBUUC, what you like here, and what you would like other members of the BBUUC community to know about you.

We can help you write the article or you can write a 400 word or less article about yourself. We would also like a photo so that people know who you are and can introduce themselves to you during Fellowship Time after the service.

Happy Birthday!

09/01Michael Crisp
 09/02Portia Halsey
 09/02Jenny Kobin
 09/06 Erin Rogers
 09/07Shanna Gardner
 09/07Pedro Roine
 09/09Kaz Dunkle
 09/10Tina Nomura
 09/10 Jackie Ogi
 09/11Carol-Anne Salladin
 09/12Nelson Antunes
 09/12Gary Dunkle
 09/14David Christenson
 09/17Eileen Morrison
 09/18Chris Jarman
 09/18Rich Toupin
 09/19David Siebert
 09/19Bob Wright
 09/20Manny Andrade
 09/25Adrianne Cology
 09/25Lisa Lynch
 09/26Meghan Kaminski
 09/26Linda Spade
 09/27Myrna Kissinger
 09/30Amanda Seng



Wedding Anniversaries

09/05Joyce and David Johnson
 09/07Peg and David Christenson
 09/15Rev. Liz Teal and David Dean
 09/28Debbie Atkins and Rich Toupin
 09/23Jackie Ogi and Sev Johansson



Membership Anniversaries

09/03/2000 Ed Spade
 09/03/2000 Linda Spade
 09/06/2012 Wendy Hutchins-Deck
 09/10/2016 John Knapik
 09/10/2016 Billy Thomas
 09/10/2016 Rachel Thomas
 09/10/2016 Peter Vergenz
 09/13/1998 Myrna Kissinger
 09/19/2004 Jennifer Glassman
 09/23/2001 Gary Smart
 09/23/2001 Marilyn Smart
 9/23/2007 Chris Lynch
 9/23/2007 Lisa Lynch

Joys and Concerns

Our thoughts and prayers are with the Antunes family after the sudden passing of Sharon's father Gary Miller. Gary suffered a heart attack during a routine jog in August. Gary's family requests that memorials be made to the Kim Miller SYNCHRO scholarship online at <https://cfgnb.org/donate-now/or> by check to the CFGNB in memory of Gary Miller mail to: Community Foundations of Greater New Britain, 74A Vine Street, New Britain, CT 06052.



BRAVER/WISER
COURAGE AND COMPASSION FOR LIFE AS IT IS

Braver/Wiser is a weekly message of courage and compassion for life as it is. Every Wednesday, you'll receive an original written reflection and brief prayer, grounded in Unitarian Universalism, straight to your email. Sign-up at <https://www.uua.org/braverwiser/subscribe>

 **LIVE ON THE VUU** *Thursdays @ 11 am ET*

The VUU is a live Unitarian Universalist talk show. It features activists and community organizers, multi-faith leaders, UU insiders and other guests. We cover current events, social justice issues, religion, spirituality, faith, Unitarian Universalism, and whatever else seems interesting. Each episode is entertaining and newsworthy! It's a can't miss, especially if you travel in UU circles.

Join us on Facebook LIVE Thursdays at 11 am Eastern to ask questions and chat with other viewers. Check our calendar for the schedule and links.

BBUUC NEWS



With your help and donations, BBUUC was able to donate 40 filled backpacks to Charles E. Bennett Elementary School and 50 empty backpacks to the Red Hat Society's backpack food program with Second Harvest!

A New Service for BBUUC Members:



Pastoral Care Services

A Caring Heart

- ...lends a hand in times of need
- ...puts others' needs before their own
- ...makes a positive impact in the community
- ...brings warmth to everyday activities
- ...takes the time to listen
- ...creates energetic team spirit
- ...rallies around a cause
- ...reaches out to make a difference.

When you act with your heart it shows.

Beginning in September Pastoral Care services will be available for Members of BBUUC.

Six members of BBUUC attended UUA training in July, and committed to be part of the Pastoral Care Team (PCT) for this fiscal year. The team will be available for individual consultation and group activities.

Brief contacts will be provided on Sundays after the service. Longer contact needs can be requested by emailing Chaplain@BBUUC.org, calling or submitting a request form to the Office or PCT Member, or leaving a message at 904-638-5472.

Look for the PCT members: They will have pink name tags and their hearts right there to see.

— In faith and gratitude,
Rev. Pat Ray and Karen Christiansen
Chaplains and PCT Coordinators



Join us for a friendly discussion of the issues of the day. All are welcome!

EVERY SUNDAY @ 9:30am

JACKSONVILLE
COVENANT
OF
UNITARIAN
UNIVERSALIST
PAGANS



<https://www.facebook.com/JacksonvilleFICuups/>

SEPTEMBER 5th & 19th @ 7pm



PRAYER SHAWL GROUP

<http://www.bbuuc.org/connection/affinity-groups/prayer-shawl-affinity-group-2/>

FIRST FRIDAY @ 12pm



Lunch Bunch @ Pengree's

RSVP: Call or Text
John Sheffield
at 904.728.3565

SECOND WEDNESDAY @ 11:30am

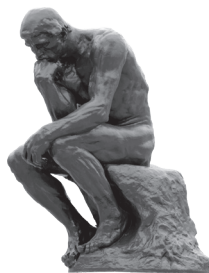
unitarianuniversalist
CHRISTIAN FELLOWSHIP

freely following jesus



<http://www.bbuuc.org/connection/affinity-groups/bbuucf/>

FOURTH SUNDAY @ 9am



First Coast Freethought Society

<http://firstcoastfreethoughtsociety.org/cms/>

**THIRD MONDAY OF EACH MONTH
6:30 - 8:30pm (doors open at 6pm)**



Beacon

Beacon is a community
of UU teens aged 12-20.

<https://sites.google.com/site/bbuucbeacon/>

WEDNESDAY EVENINGS FROM 7-9pm



Lunch Bunch @ GiGi's

inside the Ramada Inn
(in Mandarin)
RSVP to Ron Nowack
ronow@yahoo.com

LAST FRIDAY @ 12pm

**BBUUC's Full Calendar can be
found on line at:**
<http://www.bbuuc.org/activities>



Childcare is available for many church activities, but must be requested in advance when you sign up for an activity. Please contact the activity sponsor listed in the announcement for more information.

amazonsmile
You Shop. Amazon Gives.

Are You Shopping on Amazon?

This a great way to support BBUUC with no cost or effort!

Revenue we have received from Amazon purchases made through our BBUUC link:

- \$100 for purchases made in October, received in December
- \$131 for purchases made in November, received in January, 2018
- \$300 for purchases made in December, received in February
- \$93 from purchases made in January, received in March
- \$112 from purchases made in February, received in April
- \$93 from purchases made in March, received in May
- \$142 from purchases made in April, received in June
- \$156 from purchases made in May, to be received in July
- \$179 from purchases made in June, to be received in August
- \$113 from purchases made in July, to be received in September

Remember to use the BBUUC link to Amazon every time you make a purchase, and ask your family and friends to do the same – you don't need to be a Member of our church to contribute.

Just use this link (also found at the bottom of our webpage www.bbuuc.org)

<http://amzn.to/1LcEwFZ>

No special login or code is needed. How easy is that!

Church Directory

If you would like online and quick/easy access to the BBUUC directory on your computer, tablet, or smart phone (always up to date and with photos), contact membership@bbuuc.org or see Pam Richards or Peg Christenson for login instructions.



If you would like the PDF directory and separate Picture directory emailed to you so you can access the file on your computer, tablet, or smart phone without an internet connection (or so you can print a hard copy), contact admin@bbuuc.org or see Stacy Asimos in the church office.

If you don't use a computer and need a hard copy, see Stacy Asimos in the church office.



Buckman Bridge Unitarian Universalist Church

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8447 Manresa Avenue, Jacksonville, FL 32244
Church Phone: (904) 276-3739 • www.BBUUC.org

The Journey is the official newsletter of the Buckman Bridge Unitarian Universalist Church. It is distributed monthly by electronic means to members and friends of the BBUUC community. If you would like to subscribe, please send an email to publishing@bbuuc.org.

Physical printouts of the Journey are also available at the Membership Table in the Sanctuary. (If a pledging member of the community does not have home Internet or computer access, a mailed printout can be requested from admin@bbuuc.org, or by contacting the church administrator at 904-276-3739.)

If you have comments or suggestions about the format or content of the Journey, please contact the editorial team at publishing@bbuuc.org.

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