



The Journey

The Newsletter of the
Buckman Bridge Unitarian Universalist Church
 A Welcoming Congregation



July 2018

July 2018 Worship Services

Regular Services are held on Sunday mornings at 10:30 a.m.

8447 Manresa Avenue, Jacksonville, FL 32244

Church Phone: (904) 276-3739 • www.BBUUC.org

Check the BBUUC Calendar for information on other programming.

July 1

Jennifer Stokes

presents

***"The Seven Principles
and Patriotism"***

Worship Leader:

Viqui Hilliard

Accompanist:

Sydney Crisp



About our Service:

Can you be a "good" Unitarian Universalist and still love, honor, and defend your country? Jennifer will take a look at where the UU faith intersects with traditional patriotic values, and where we are at odds with love of country.

About our Speaker:

Jennifer is a lifelong UU who didn't figure it out until her 30s. She joined the Army immediately after high school, spending the first half of her career as a musician. She then trained as a carpenter and mason, retiring from the Army as a construction supervisor. Jennifer has a BS in Building Construction and Contracting from Georgia Southern University, a Florida General Contractors license, and is a certified Project Management Professional. She has been a member of BBUUC since 2000, and is grateful to have been of service as RE teacher, lay leader, worship commit-

tee chair, and most recently, VP. Jennifer is an active member of Toastmasters. She lives in Mandarin with many pets and her grandchildren nearby.



**Pennies from
Heaven is July 1**

Please save all of your coins for the first Sunday of each month and remember, bills are welcome too! Pen-

nies from Heaven donations are given to Meals on Wheels programs in Mandarin and Clay County and are alternated each quarter.

July 8

Bethany Crawley

presents

***"Opening
Through Mindful
Exploration of
Relationship"***



Worship Leader: Jay Gardner

Accompanist: Gary Smart

About our Service:

We are often compelled to protect ourselves, emotionally, physically, and energetically, from one

another. Circumstances, personal history, culturally imposed competition, and environments, at times, require that we strive against one another, leaving us feeling potentially isolated and separate from one another and our communities. Mindfulness Practice, on the other hand, encourages access. Mindfulness, as a three thousand year old set of practices, asks us to open in full receptivity to the experience of a present moment. This practice asks much of us. It asks us to receive the unpleasant, the overwhelming, the uncomfortable, and even the feelings of isolation and loneliness that come sometimes with the human experience. And as much as mindfulness practices ask of us, what does our opening- to fully receive a moment, to access entirely the fullness of our experience in relationship with one another-what does that opportunity gift to us? Perhaps we could have a conversation about the potentials of opening to authentic relationship with one another.

About our Speaker:

Bethany trains healthcare professionals in mindfulness. She has worked with and trained medical residents, physicians, nurses, psychologists, administrators, directors, social workers and chaplains working in hospital and clinic settings. Since 2002, Bethany has been cultivating a personal mindfulness practice. She is certified as a Mindfulness for Professionals Facilitator by esteemed teachers Mark Coleman and Martin Aylward of the Mindfulness Institute. She has been teaching yoga and meditation for over 17 years and co-founded Lotus Yoga in 2008. By education and trade, Bethany is a lawyer, who practiced as a commercial litigator for over 16 years. She's glad to be doing much less of that these days.

July 15
Dr. Jeff Hess presents
"Deafening Silence"

Worship Leader:
Grace Repass
Accompanist: Gary Smart

About our Service:

Join us for a quiet talk about silence. We'll explore our often fragile and sometimes contentious relationship with quiet and its inherent, communicative power.



About our Speaker:

Dr. Jeff Hess holds a Master of Arts degree in Speech Communication from Eastern Illinois University and a doctorate in Educational Leadership from UNF. Dr. Hess is currently the Dean of Communication at Florida State College at Jacksonville (FSCJ). Dr. Hess has been teaching communication courses for 24 years. As the Director of Forensics for FSCJ, Dr. Hess coached the forensics team to win over 500 state, regional, and national awards. In 2013, Dr. Hess was inducted into the Florida College System Activities Association Forensics Hall of Fame. His TEDx Talk, The Ultimate Communication Device, explores the "incredibly robust and dynamic device of our own minds and bodies."

July 22
Ev and Michelle
Corum present
"Adam and Eve
According to
Mark Twain"



Worship Leader:
Lee Plumb
Accompanist: Gary Smart

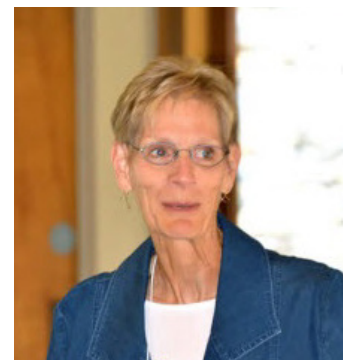
About our Service:

Join us this Sunday to see Ev and Michelle share Mark Twain's "Diaries of Adam and Eve."

About our Speakers:

Ev and Michelle Corum are members of BBUUC. Michelle works as the Morning Edition host and Radio Reading Service manager at WJCT-FM. Ev teaches dual enrollment Humanities and Composition classes for FSCJ at Mandarin High School.

July 29
The Reverend Elena
Rigg presents
"The World Needs
Our Presence . . . and
Our Absence"



Worship Leader:

Jim Wood

Accompanist: Marilyn Smart

About our Service:

“In order to understand the world,” wrote Albert Camus, “one has to turn away from it on occasion.” More than anything else, we must be fully present to both the beauty and the brokenness of the world, if we are to help redeem it. But to be fully present over the long haul, we must sometimes take time away from the world. How do we strike a balance between engagement and retreat?

About our Speaker:

Rev. Rigg is minister emerita of Unitarian Church North, a Unitarian Universalist congregation in Mequon, Wisconsin, just north of Milwaukee. In 2008, when Elena retired from ministry, she was sad to leave the wonderful group of men, women, and children who made up this congregation. She and her husband Dave (a history teacher for forty years) were not sad to leave Wisconsin winters, however, and happily left the snows behind and moved to Fort Myers.

During their seven years in Fort Myers, Elena was active in the Unitarian Universalist Church of Fort Myers, where she taught UU history, led a weekly mindfulness meditation group, gave the occasional sermon, and served on the research team of LIFE, Lee County’s counterpart to ICARE. In addition, she was, and continues to be, a member of the Florida Community of Mindfulness, a Buddhist mindfulness and meditation community, which has now established a Practice Center in Tampa.

Last year, Elena and Dave decided to “retire” again while still healthy and move to a retirement community that could offer services and support as they aged. That decision brought them to Atlantic Beach and to the Jacksonville area, which they are coming to know and appreciate. Elena has attended Sunday services at both BBUUC and UUCJ, enjoying sitting in the “pews.” She is very happy to be at BBUUC again – in the pulpit.

ACTIVITIES & EVENTS



Children's Summer Programming

Spirit Play- The Rainbow Connection

The Rainbow Connection uses popular story books, as well as crafts, songs, and playtime, to discuss the values inherent in the Principles and in Unitarian Universalism. At this age, children begin to understand the concepts of justice and fairness and begin to learn about what is “right” and “wrong”, or “good” and “bad”. Story books are chosen to help illustrate the values supported by parents.

Spirit Explorers- Spiritual Makers Space

William Ellery Channing said, “The great end in religious education is not to stamp our minds upon the young, but to stir up their own.” Perhaps the best way to do that is to hand them tools now and give them the opportunity to grow knowledge and skills, becoming problem-solvers who really can change the world. They end up learning a great deal, by default. By teaching early that there are problems in the world that need our combined focus, we teach, like Forrest Church, that deeds, not creeds, are of great value. Problem solving and project planning in RE are developmentally appropriate ways for kids to encounter challenging social justice issues in a safe space. They will be better prepared later to engage in social justice work. By asking kids to help solve problems, we teach that we can “choose to bless the world,” as Rebecca Parker describes. This reflects our Universalist belief that we are all in this together, so we should figure out our shared human challenges. We know our children need RE experiences that help them “take it home” every day of the week, in all their activities. Makerspace work lets them bring

skills and passion into their daily lives. We can bring our UU values and theology to life when we build capacity in our kids for imagining, doing, helping, healing. We say we are the church of the open minds, loving hearts, and helping hands. Makerspace work in RE programs can help make that a reality.

Spirit Seekers & Youth- D'oh, God!

uses episodes of The Simpsons as the basis for in-depth discussions of a wide variety of religious topics. At each class, an entire episode is viewed, a distinct advantage when discussion is the intention. After viewing, the class engages in discussion and activities, designed to encourage deep contemplation of issues. Please allow an extra 15 minutes in your schedule, as this class will run till 11:45 most Sundays.

Peer Chaplain Training

Are you interested in lending an ear to others in need? If so, please attend Peer Chaplain Training that is scheduled for July 7, 2018, from 9am to 4pm. A continental breakfast and full lunch will be provided.

Peer Chaplain training helps facilitate personal growth, empowerment, and reflection among participants. This workshop is designed for participants to gain skills around empathy, deep listening, and expanding the circle of confidentiality. Peer Chaplains are individuals help build a healthy and safe atmosphere, bring spiritual resources and support to the community, and know when to expand the circle of confidentiality.

The Chaplain Training focuses on the following:

- Understanding confidentiality—when to keep and when to break safety concerns
- Maintaining appropriate personal boundaries (physical, emotional, etc.)
- Perceiving and responding to the needs of the conference community as a whole
- Developing communication skills: active listening, non-verbal communication, etc.
- Being an empathetic listener, understanding and accepting different emotional situations
- Working as a team with other chaplains
- Legal and ethical considerations to ensure a safe and healthy community
- Responsible, intentional and culturally appropriate use of worship materials

Please send your RSVP to admin@bbuuc.org by July 5, 2018. All are welcome to participate. We look forward to seeing you there.



Religious Education Summer Social Action: School Supply Care Package Project

"Generosity is the most natural outward expression of an inner attitude of compassion and loving-kindness." —Dalai Lama XIV

Please join Children's Religious Education with our School Supply Care Package Project. In conjunction with our annual Back Pack Blessing on August 12th, this year we will be collecting school supplies and back packs for Project Reach, a nonprofit that helps homeless students in the Clay County School District. Our kids will put the donations together and they will be blessed during our service before being delivered.

Donations will be collected between July 15-Aug 5. The following supplies are needed: backpacks, loose leaf paper, crayons, composition books, colored pencils, rulers, markers, pencils, erasers, sharpeners, highlighters, pens, spiral notebooks, folders, 3-ring binders, tissues, scissors, and glue sticks.

Our Mission:
Buckman Bridge Unitarian
Universalist Church
exists to create and
nourish a loving
community that seeks
justice and respect for all.



EXPLORE INDIVIDUAL LIFE JOURNEYS

DOUBTS THOUGHTS
CURRENT BELIEFS EXPERIENCES

R U SIGNED UP?

**EVENSONG 2 - BEGINS
AUG 4 -10am-12pm @BBUUC**

We hope you will be a part of this second series of Evensong. In this Evensong series, participants will explore individual life journeys through sharing thoughts, experiences, doubts, and beliefs. We will meet on Saturdays from 10AM to Noon at the church.

Again, each week we will follow an order of service with the central event being a sharing time. We will be listening attentively and without interruption to one another. Listening is at the core of Evensong.

Here is our plan:

Aug. 4 Gathering 1, Childhood Memory and Knowing
Aug. 11 Gathering 2, Scripture and Story
Aug. 18 Gathering 3, Prayer and Spiritual Practice
Aug. 25 Gathering 4, Fear

Labor Day Weekend (no Gathering on Sept. 1)

Sept. 8 Gathering 5, Generosity
Sept. 15 Gathering 6, Hospitality and the Stranger
Sept. 22 Gathering 7, Being Alive
Sept. 29 Gathering 8, Beliefs and Actions

Evensong is a good way to explore personal beliefs and possibilities and a great way to get to know a group of people.

There is no fee for Evensong. To register, call 904 781-8129 or email karen@christiansens.com.

For our first gathering, please bring an object, memento, photograph, or drawing that reminds you of a truth you knew as a child that has served you well through life, a truth, a knowing, for which you are grateful. Try to think of a deep understanding, or truth you knew as a child, even if your childhood situation was difficult. Was there a strength that, as a child, you found in yourself?

—Thank you. Karen Christiansen,
904-781-8129, karen@christiansens.com

One Year to Live Class

The ONE YEAR TO LIVE CLASS will be a discussion in 12 sessions, one each month, of life's goals and purposes, establishing life's priorities, and how an individual needs to view the last 12 months, possibly, remaining in life.

The class is limited to twenty persons (ages 18 or over), to be held on the **second Sunday of each month**, from 12:00 - 2:00. **Classes will begin on September 9, 2018 at BBUUC and continue for 11 months.**

A resource for the class is *"A Year to Live"* by Stephen Levine. The book is sold at Amazon.com. Other resources will be recommended over the course of the year.

Some questions to be answered in 12 months:

1. What are the hard questions for any person or for a UU?
2. What has been my concept of my choices of life and my Life Faith?
3. Do I need or have a will? What Florida laws relate to final preparations?
4. How do I approach my life and faith in the final 12 months?

Leader: Don Repass, donrepass@gmail.com

Monthly Drumming Circle

Join us on the 4th Friday of the month 7:00-9:00 pm for Drumming Circle. The next one will be held Friday, July 27th at 7 pm.

You don't have to be an experienced drummer to participate. Beginners are welcome. Bring your drum and your energy. Don't have a drum? We will have a small number of drums for folks to borrow. Don't feel you can drum? Listeners and dancers are encouraged to come and feel the rhythm. Connect with your spirit and your community on a deeper level.

Learn about the 10 health benefits of drumming: <https://www.drnorthrup.com/health-benefits-drumming/>



COLUMNS

President's Perspective

July 2018
Grace Repass
BBUUC Board President
president@bbuuc.org



I am so excited and grateful that you elected me to be President of the Board for 2018-2019. To get ready for this job I have been reading and reviewing BBUUC documents and history such as by-laws, financial and church audits, the Articles of Incorporation, policies and procedures, governance flowchart, organization of committees and ministries, church statistics, financial statements, and our Gifts of Self data. I will continue to study and learn as the year progresses.

I plan to share some of my thoughts in The Journey each month about how we can continue to improve and move forward in our experiences and operations here at BBUUC.

Now at the beginning of our fiscal year is a good time to review how we share ourselves and support BBUUC. During the Stewardship Campaign we were given the opportunity to complete a Pledge Statement and a Gift of Self form. In this message, I want to share my ideas about Gifts of Self.

The BBUUC By-Law regarding Membership states that members agree to support the church through service as able. The Gift of Self form is what helps leaders know how each member is interested and able to support the church through service.

In the 2018 campaign, 40 Gift of Self forms were completed. In 2015, 67 Gifts Of Self forms were completed. For the effective use of this data, it needs to be current, accurate, and represent everybody. Since our interests change over the years, what was appropriate for each of us a year or two ago may

currently be out of date.

I would like to ask each of you to make sure we have a current Gifts Of Self form for you. We will leave blank forms on a table in the back of the room for a few weeks and also send a copy of the form to you by e-mail. Please fill one out so we will begin our fiscal year knowing exactly what your preference is for supporting BBUUC through service.

Any time over the year let our Board members know what we can do to help you and BBUUC.

Thanks,
Grace Repass,
Board President

Your Board Members are: Grace Repass, David Christenson, John Wrightington, Pam Richards, Christine Rothberg, Meghan Kaminski, and Eileen Morrison.



Bringing it Home

Children are naturally full of wonder and are able to see magic in the world, in both the extraordinary and the ordinary. Creating family rituals help them connect to the world, their family, and themselves. These rituals help them get connected and stay connected as they grow and mature. Rituals impart a sense of family identity (who are we and what's important to us), provide comfort and security, help us to navigate change and solve problems when needed, pass on our family's history, help us heal from loss or trauma, and help us to create wonderful new memories. Here, in Unitarian Universalism, there is enormous freedom in how we choose to practice our faith, and at times we need help figuring out how to bring our values and beliefs to life in the everyday. Family traditions are wonderful; we

know the joy of re-creating special moments and traditions that were passed on to us from parents or grandparents. And in our lives today, we need to invent new rituals and traditions for our families that will inspire and instruct, rituals that are simple yet profound, practical and fun. Anything you do together deliberately can become a ritual, with a little flourish and excitement to lift it out of the routine. Ritual is for special occasions and it is also for the everyday. This month's Family Pages are full of ideas to bring ritual into the life of your family. Give some a try and let me know how it goes.

Breathing Meditation

Invite everyone to sit comfortably and quietly with eyes closed and then offer these words to guide the meditation. Be aware of your breathing. Focus on the way the air enters your nose and then how it feels when you breathe out. What does it feel like? If other thoughts come, let them pass gently away like clouds moving across the sky. Now count silently as you breathe in and out. One. Two. Three. When you get to ten, start counting again. Then sit in silence. This should just last a few minutes. You can extend the time as your family gets used to sitting in silence together.

The Sabbath Box

Consider finding Sabbath time as a family. It can be an hour, morning, afternoon or evening, or a day. This is time where you step away from the busy-ness of everyday life for some simple time to be together, to rest, nurture your relationships, be still, restore our souls and come back to center. Wayne Muller, author of Sabbath, suggests making a Sabbath Box. As you begin your Sabbath time (your time set aside from the world), put things in the Sabbath Box that you want to leave behind. The box can hold a cell phone, car keys, and other small items. For larger items (like TV or video games) write the name of the item on an index card and put it in the box. Adults may want to put in all the lists we have of things to do. As you enter Sabbath time, share what you are each putting into the box and why. You can come up with questions you would like to talk about as a family, or maybe a book to read together, or spend time in nature, anything that brings you peace and calm and feels restorative to your family.

Morning Rituals

There are many ways you can begin your day together. You can create your own yoga sequence to wake up your body and your mind and get yourself ready to greet the day. You can begin with a chalice lighting, a word of gratitude for another day to be alive, and a setting of an intention for the day. Something along the lines of "Today, I am going to..." or "Today, I will...". It can be something very simple. Older children can keep a morning journal where you write down any thoughts from the night and any hopes you have for the day.

Bedtime Rituals

Taking time to express gratitude for the day and share hopes for tomorrow is a wonderful way to end the day. You can address prayers to a loving spirit, you can make a "thank you" list and an "I hope" list, you can simply have a bedtime conversation to share your joys and worries of the day. This can include soothing music, a moment to focus on your breathing, even a short story or two. Finding a way to re-connect with your family at the end of the day is a wonderful way to remind children of the connections between you that last throughout the night and always.

Resources

- *The New Book of Family Traditions* by Meg Cox
- *A Child's Book of Blessings and Prayers* by Eliza Blanchard
- *Sunday and Every Day: My Little Book of Unitarian Universalism* by Patricia Frevert
- *The Madison Unitarian*, Kelly J. Crocker, Minister of Congregational Life

Chalice Lighting

We light this chalice celebrating the flame of life in each of us, honoring the light we bring into the world, giving thanks for the family and the life we create together.

Family Grace

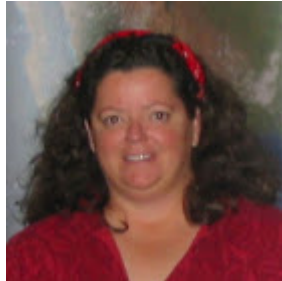
*May we hold hands quietly for a moment
Feeling love flow around us and through us,
Knowing that as we give love away
There is always more within.*

ANONYMOUS

Families: Weave a Tapestry of Faith

Every issue of UU World print magazine includes a pull-out, full color section of timely, fun, and faith-building activities and stories to share at home. Click on the link below and download the Families section (PDF). https://www.uua.org/sites/live-new.uua.org/files/families_summer2018.pdf

Love & Peace,
Chris Jarman
Director of Lifespan
Religious Education
dre@bbuuc.org



Office Hours:

Sunday: 9:00 am-1:00 pm
Tuesday: 11:00 am- 3:00 pm
Wednesday: 3:00 pm-9:00 pm
Thursday: 11:00 am- 3:00 pm
Friday: 11:00 am- 3:00 pm



Support Green Sanctuary: And help us take care of our Blue Boat Home

Have you ever recycled that single plastic bottle and wondered how much of a difference it really made? As individuals, our work to build a sustainable world can seem as small as a single raindrop. But as a team, we have the force of a rushing river, or a great ocean. We'd like you to throw your support behind our team.

Social Action's new Green Team is in the early stages of developing a Green Sanctuary program for BBUUC. Green Sanctuary is a UUA accreditation designed to help congregations fully live their commitment to our 7th Principle.

To gain the accreditation, congregations educate themselves and create projects in four focus areas: Environmental Justice, Worship and Celebration, Religious Education and Sustainable Living. To date, 254 Unitarian Universalist congregations are Green Sanctuaries.

This a long-term effort. UUCJ worked three

years to gain its Green Sanctuary status through projects like managing a community garden, maintaining a recycling program, conducting ethical and healthy eating classes, planning annual Earth Day services, renovating the UUCJ building with green practices, and developing an earth-friendly landscape policy.

We think it's worth it. Let us know if you agree. Look for more information in the coming months on what it takes to become a Green Sanctuary. Give us your feedback, and let our church leaders know of your support. Together, we can make a difference!



ICARE Report July 2018 by Ken Christiansen

ICARE Research Committees continue to function in summer. Meetings to follow-up on commitments made at the Nehemiah Assembly are scheduled with both State Attorney Melissa Nelson and Sheriff Mike Williams. Any ICARE Network Member can participate in these meetings.

There is good news related to one of the commitments Sheriff Williams made in 2016. The percentage of eligible youths receiving Civil Citations and Restorative Justice instead of being arrested was 96% in January 2018, 85% in February, and 91% in March. This is up from an average of 28% in 2016.

Recently I have heard questions about ICARE's relation to LBGTQIA issues. I will share two ways I look at these issues.

1) In 2012, the African Methodist Episcopal bishop opposed the Human Rights Ordinance (HRO) amendments that BBUUC and the LGBTQIA community strongly supported. In 2016, the same bishop changed his mind and supported the HRO amendments. What happened between 2012 and 2016? Among other things, ICARE Justice Ministry Network Members in the eight African Methodist Episcopal Churches that are part of ICARE rubbed elbows with ICARE Justice Ministry Network Members from the churches in ICARE that support gay, transgender and intersex rights. Rev. Phillip Baber, pastor of the Unitarian Universalist Church of Jacksonville (UUCJ) was very active in ICARE and became city-wide co-chair in 2016.

Most ICARE churches did support the HRO amendments in 2016. One of the newer ICARE

churches is a notable hold-out. But conversations on this topic have happened with their members while engaging in other ICARE activities. I have hope for the future here also.

2) Some BBUUC members have asked why ICARE doesn't address LGBTQIA issues directly. Issues to address citywide start in House Meetings held each fall in all 38 ICARE congregations. The three issues mentioned most often in House Meetings are brought to the Community Problems Assembly (CPA) in October or November. Last year criminal justice related issues came up in more than half of the ICARE House Meetings. No surprise, crime and policing was chosen as the new issue to address by 85% of the nearly 400 Network Members at the CPA.

In short, ICARE is working directly and effectively in the top priority social issue area identified by the Unitarian Universalist Association (UUA) nationally: racial justice. It is well deserving of our active support.



Braver/Wiser is a weekly message of courage and compassion for life as it is. Every Wednesday, you'll receive an original written reflection and brief prayer, grounded in Unitarian Universalism, straight to your email. Sign-up at <https://www.uua.org/braverwiser/subscribe>.



Thursdays @ 11 am ET

The VUU is a live Unitarian Universalist talk show. It features activists and community organizers, multi-faith leaders, UU insiders and other guests. We cover current events, social justice issues, religion, spirituality, faith, Unitarian Universalism, and whatever else seems interesting. Each episode is entertaining and newsworthy! It's a can't miss, especially if you travel in UU circles.

Join us on Facebook LIVE Thursdays at 11 am Eastern to ask questions and chat with other viewers. Check our calendar for the schedule and links.

MEMBER NEWS



Welcome back to new Member, **Robin Polizzi!** New member Robin Polizzi has been a Jacksonville resident for nearly 40 years. Originally from Newburyport, MA, she was raised in the traditional Unitarian Church of the 1960s. Upon moving to Jacksonville, she met her future husband, Paul, and they were married by Reverend John DeWolf-Hurt, beloved minister of the Arlington Church. Both of their children, Jeff and Kati, were dedicated in the UU Church and have many fond memories of Sunday School and youth activities at Buckman Bridge Unitarian Universalist Society. (Ed. note: Our original name ended with "Society" rather than "Church.")

Robin and Paul joined Frances Kennicutt, Linda Mowers, Pam Edwards and so many others to help found BBUUS. Robin took a long hiatus before rejoining BBUUC recently. The absence spotlights, with fresh eyes, the inspiring growth of the Church, the new faces, and the awesome energy created by such a diverse and interesting membership.

Her passions are spending time with her husband, Paul, and family (including three amazing grandchildren), volunteering for WJCT, The American Cancer Society and the Duval County Democratic Party, as well as enjoying retirement.

Robin says, "In these troubled times, coming to BBUUC on Sunday is rejuvenating. I leave feeling a bit more hopeful for the future and inspired to do something to contribute to that future."

She adds, "I've always been proud to be a UU, and being part of BBUUC is humbling and exhilarating."

Welcome back, Robin!



Welcome new Member, **Janie Dew!**

Born in Chicago, Janie grew up in Cleveland, Ohio. She left at age 23 to marry her first husband who was in the military. After the marriage ended, she met and married Philip Dew in Dec 1999. Their blended family consists of two sons, three daughters, nine grandchildren and their dog Zoey.

Janie's interests are vast. She enjoys sewing, reading, gardening, dancing, singing, traveling, genealogy and just about everything else. Never an expert at any of them, she dabbles in them all. Her concern for the environment and other social/political issues began when she was in her teens. Growing up in the inner city, she could see how unjust the world can be.

When it came to religion, Janie tells us that she could always feel the spirit of the universe, but didn't like the dogma. So she grew up agnostic and only realized much later that she was a Pagan. That realization brought her to BBUUC to participate in public rituals. Tentatively, she stepped inside and was overjoyed to find a place where all different faiths and different people were not only accepted, but welcomed. That was a huge "AHA!" moment for her and after reading the seven UU principles, she knew she had found a home and a religion that resonated with her soul. More comfortable helping than leading, she joined the Social Action Committee to try to do her part to make a cleaner/fairer world for others.

What's next? Who knows? But she is sure to keep her eyes open to new experiences and opportunities. We are so glad to have you with us, Janie!



Joys and Concerns

A concern for **Christine Rothberg's mother** who is experiencing a very serious health crisis. Please send healing thoughts her way.

Congratulations to **Barry Mowers** who has reached the 110 gallon mark as a blood donor. Barry is a faithful platelet donor who gives faithfully every two weeks, whenever possible. He is committed to this life-saving act and we appreciate his dedication!

A wonderful joy for **Annabelle Gallois-Bernos!** She shares the following with us: "I was given the results from the pathology analysis following the surgery I had on May 10th, and it confirmed that there is no cancer in the lymph nodes (and no cancer in the other breast), so I am officially in remission.. . I am very grateful to all for your help and support, positive energy and thoughts."

Two candles of concern and love for the Spade family. **Ed and Linda Spade's** niece **Christine Morrison** passed away suddenly in January and left 3 children. Christine was like a daughter to Linda. Linda has also recently lost her stepfather **William Grace** and will be traveling to New Jersey soon with her sister to make final decisions. Our hearts are with the Spade family during these difficult few months.

Please keep **Pat Ray** in your thoughts and prayers. She has been facing pulmonary medical challenges.

Condolences are extended to the **Repass family**. Grace's sister **Laurel** passed away in June after suffering from kidney failure. Grace is joyful that she was able to spend time with her sister the week prior. Laurel will be missed.

Our love is with **Linda Mowers** as she recovers from shoulder surgery to repair a torn rotator cuff. Please send healing thoughts to Caitlin Regan who recently had a fall and now has 9 pins in her leg. A speedy recovery is needed!

Finally - Congratulations to the **Maskell family!** Joani and Cliff's grandson **Davis William Beesley** was born on May 29! He and his parents **Callie and Trevor** are all home and doing well. Also - Joani and Cliff's son **Kenny** just graduated from his Residency at the University of Illinois in Chicago! Soon he will be practicing at Northwestern University in Chicago.

Happy Birthday!

07/06 Sydney Crisp
 07/06 Darcy Danisovszky
 07/06 Claire Goodrich
 07/06 Chase Phillips
 07/07 Don DeStephano
 07/08 Anna Glassman
 07/09 Pam Edwards-Roine
 07/11 Janie Dew
 07/13 Vanessa Birchell
 07/14 Ron Ferster
 07/15 Alice Fletcher
 07/15 Rusty Turner
 07/20 Cindy Gaunder
 07/24 Zoey Clontz
 07/27 Cheryl Frost
 07/27 Caitlin Regan
 07/29 Michal Ann Cox
 07/30 Jimmy Lester



7/12/2015 Adam Danisovszky
 7/12/2015 Michelle Danisovszky
 7/12/2015 Viqui Hilliard
 7/12/2015 Marilyn Jones
 7/12/2015 Jenny Kobin
 7/12/2015 Anunnaki Ray
 7/12/2015 Don Repass
 7/12/2015 Carol-Anne Salladin
 7/12/2015 Corinne Warren
 7/19/2015 Kent Halsey
 7/19/2015 Portia Halsey



Help us keep our records up-to-date! If you see birthday, anniversary, or membership anniversary that needs to be corrected or added to our list, please send it to membership@bbuuc.org.

Introduce Yourself!

If you are a recent member and we have not run an introduction article about you for the Journey yet, please feel free to contact publishing@bbuuc.org. We're interested in how you found BBUUC, what you like here, and what you would like other members of the BBUUC community to know about you. We can help you write the article or you can write a 400 word or less article about yourself. We would also like a photo so that people know who you are and can introduce themselves to you during Fellowship Time after the service.

Wedding Anniversaries

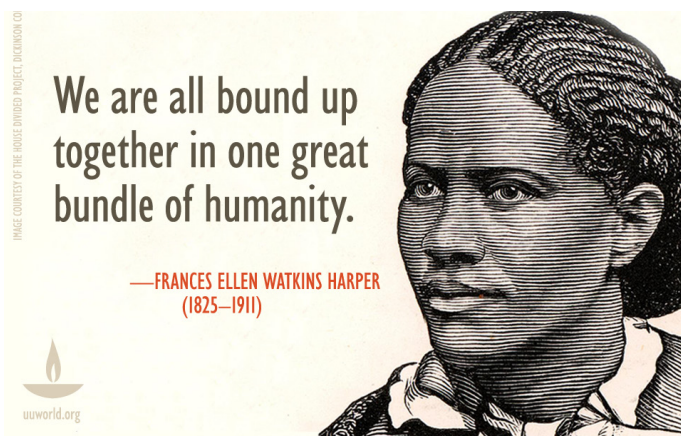
07/03 Vanessa Birchell & Shannon Birchell
 07/08 Drew & Jennifer Glassman
 07/14 Don & Patty DeStephano
 07/15 Chris & Lisa Lynch
 07/15 Ellen & Patrick Miceli
 07/22 Michael & Tara Crisp
 07/25 Christine & Ron Rothberg
 07/26 Amanda & Henry Seng
 07/30 Bonnie & Steve McCullar
 07/30 Erin & Jesse Rogers



BBUUC

Membership Anniversaries

7/14/1991 Don Culpepper
 7/14/1991 Judy Culpepper
 7/11/1999 Jonnie Long
 7/14/2002 Grace Lindewirth
 7/14/2013 Shanna Gardner
 7/14/2013 Pam Richards
 7/6/2014 David Siebert
 7/6/2014 Suzanna Siebert
 7/6/2014 Rusty Turner
 7/12/2015 Stacy Asimos
 7/12/2015 James Bunce



I AM A UNITARIAN UNIVERSALIST.
 I AM PART OF A COMMUNITY FORMED AROUND RESPECT AND TRUST.
 I AM PART OF A MOVEMENT TO USE LOVE TO HEAL THE WORLD.
 I AM PART OF A TRADITION OF LEARNING AND RESPONSIBILITY.
 I AM PART OF A RELIGION THAT ADMITS IGNORANCE, AND
 ASKS US TO SEEK TRUTH AND MEANING HONESTLY.
 I INVITE YOU TO ASK ME WHY

I Am UU





Join us for a friendly discussion of the issues of the day. All are welcome!

Every Sunday @ 9:30am

JACKSONVILLE
COVENANT
OF
UNITARIAN
UNIVERSALIST
PAGANS



<https://www.facebook.com/JacksonvilleFICuups/>

JUL 18th & Aug. 1st @ 7pm



PRAYER SHAWL GROUP

<http://www.bbuuc.org/connection/affinity-groups/prayer-shawl-affinity-group-2/>

FIRST FRIDAY @ 12pm



Lunch Bunch @ Pengree's

RSVP: Call or Text
John Sheffield
at 904.728.3565

SECOND WEDNESDAY @ 11:30am

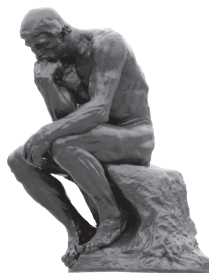
unitarianuniversalist
CHRISTIAN FELLOWSHIP

freely following jesus



<http://www.bbuuc.org/connection/affinity-groups/bbuucf/>

Monthly on the 4th Sunday @ 9am



First Coast Freethought Society

<http://firstcoastfreethoughtsociety.org/cms/>

**THIRD MONDAY OF EACH MONTH
6:30 - 8:30pm (doors open at 6pm)**

BBUUC's Full Calendar can be
found on line at:

<http://www.bbuuc.org/activities>



Childcare is available for many church activities, but must be requested in advance when you sign up for an activity. Please contact the activity sponsor listed in the announcement for more information.



Lunch Bunch @ GiGi's

inside the Ramada Inn
(in Mandarin)
RSVP to Ron Nowack
ronow@yahoo.com

LAST FRIDAY @ 12pm



Are You Shopping on Amazon?

This a great way to support BBUUC with no cost or effort!

Revenue we have received from Amazon purchases made through our BBUUC link:

- \$118 for purchases made in August, received in October
- \$176 for purchases made in September, received in November
- \$100 for purchases made in October, received in December
- \$131 for purchases made in November, received in January, 2018
- \$300 for purchases made in December, received in February
- \$93 from purchases made in January, received in March
- \$112 from purchases made in February, received in April
- \$93 from purchases made in March, received in May
- \$142 from purchases made in April, received in June
- \$156 from purchases made in May, to be received in July

Remember to use the BBUUC link to Amazon every time you make a purchase, and ask your family and friends to do the same – you don't need to be a Member of our church to contribute.

Just use this link (also found at the bottom of our webpage www.bbuuc.org)

<http://amzn.to/1LcEwFZ>

No special login or code is needed. How easy is that!



Church Directory

If you would like online and quick/easy access to the BBUUC directory on your computer, tablet, or smart phone (always up to date and with photos), contact membership@bbuuc.org or see Pam Richards or Peg Christenson for login instructions.

If you would like the PDF directory and separate Picture directory emailed to you so you can access the file on your computer, tablet, or smart phone without an internet connection (or so you can print a hard copy), contact admin@bbuuc.org or see Stacy Asimos in the church office.

If you don't use a computer and need a hard copy, see Stacy Asimos in the church office.



Buckman Bridge Unitarian Universalist Church

Mail: P.O. Box 844, Orange Park, FL 32067

8447 Manresa Avenue, Jacksonville, FL 32244

Church Phone: (904) 276-3739 • www.BBUUC.org

The Journey is the official newsletter of the Buckman Bridge Unitarian Universalist Church. It is distributed monthly by electronic means to members and friends of the BBUUC community.

If you would like to subscribe, please send an email to publishing@bbuuc.org.

Physical printouts of the Journey are also available at the Membership Table in the Sanctuary.

(If a pledging member of the community does not have home Internet or computer access, a mailed printout can be requested from admin@bbuuc.org, or by contacting the church administrator at 904-276-3739.)

If you have comments or suggestions about the format or content of the Journey, please contact the editorial team at publishing@bbuuc.org.

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