

Religious Education Weekly Newsletter: January 19th 2014

Howdy Parents,

This Week in **Spirit Play** and **Elementary** the children will explore the concepts of fairness and justice and how they apply to the rules of life, and the governance of politics. They will engage in discussions about safety and human rights while brainstorming ways in which we can strive for a world with peace, liberty, and just for all.

Here are some questions you might want to bring up with your children:

What do you think the word Fairness means?
What do you think is unfair about the world we live in?
Have you ever seen something that you thought was wrong?

What can we do to make the “wrongs” right?
Do you think that we have to help others if we can?

The children engage these ideas as our association kicks off the 30 days of Love Campaign. The UUA website describes the project as this:

Standing on the Side of Love is a community of people compelled to speak out against oppression, united in the common belief that love is the ultimate guiding force of our world. The Thirty Days of Love is a period of intentional action, service, education, and reflection to focus on this essential work.

Over the next 30 days Religious Education will engage in activities to reflect the work that our denomination is doing. We encourage every family to join us in participating, whether by following the daily challenges, or embracing the spirit of the cause and looking deliberately at the world we in and striving to understand how we can make it a better place.

A Mediation for 30 Days of Love

Think of your own being and say these words:

May I be peaceful.

May I be happy.

May I be healthy and free from pain.

May I have energy and zest for life.

May I be tender to all beings.

May I know laughter with good friends.

May I be whole.

Now, think about someone you love, like a parent, a friend, or a sibling. Try to form a picture of them in your imagination, and say these words.

May you be peaceful.

May you be happy.

May you be healthy and free from pain.

May you have energy and zest for life.

May you be tender to all beings.

Please share your thoughts, questions, comments, and feelings with us in person, or e-mail the committee at religious_ed@bbuuc.org or Dani Slader our Director of Religious Education at dre@bbuuc.org.